

**BREASTFEEDING
DROP-IN
Thursdays 1-3pm
Carlington CHC
1290 Goldrey Ave**



FAQs

1

What kind of breastfeeding support can I expect at the drop-in?

Our LC &/or intern will be available to assess & help you & your support person, navigate typical breastfeeding concerns like latch, breastfeeding comfort, infant feeding behaviour, milk supply.

2

How long is a typical consultation?

Typically a consultation takes somewhere between 30-45 min.

3

Will my consultation be private?

We strive to normalize breastfeeding by offering 1:1 LC support within a common area that has private space within it.

4

**Is there a fee for this service?
What about parking?**

This service is free. Parking lot & street parking free.

For more information please contact Janice at breastfeeding@carlingtonchc.org