How to book your Lactation Consultation with **Janice** at Carlington:

Please note that all clients requesting Lactation support for the first time at Carlington, will be offered an initial intake phone call appointment only as their first point of entry.

The booking date/time for subsequent in-person Lactation Consultations will be made at the time of this intake call.

Booking Link: Click here:

- Please use your 10 digit telephone number in place of OHIP to connect.
- First time clients to LC support will have access to Phone type appointments only in the morning slots.
- After booking your appointment, you will an appointment reminder 1 day in advance with forms to complete:
- o Consent
- o Registration/extended demographics
- o Electronic communication consent
- o LC Intake form

For more information breastfeeding@carlingtonchc.org



